

US Financial Aid

7e1come Pack

The Academic Standards & Quality Office would like to take this opportunity to welcome you to the ANU. We have put together some information which we hope will help you manage your loans and study life.





Your contact officer for all US Financial Aid enquiries

is: Tom Ritchie

Academic Standards & Quality Office Student Administration and **Academic Services**

Di Riddell Student Centre **Building 154 University Avenue** The Australian National University Canberra ACT 2601

> T: +61 2 6125 1436 F: +61 2 6125 0751

E: policy.regs@anu.edu.au

Included in this pack you will find:

- Useful study tips
- Debt management advice
- Budget calculator template
- Information on the benefits of making payments while in school
- Information about your repayment options
- List of useful contacts & resources
- Borrower Responsibilities Fact Sheet



1. Allow time to settle in

Allow yourself some time to settle in and become familiar with your new surroundings. Don't feel like you have to hit the ground running and be able to manage everything perfectly. Starting university is going to be only one of the many new things you'll be thinking about.

2. Turn up to Orientation

The Orientation Program is designed for new students. The program will help students to quickly adapt to their life at ANU and in Canberra. The Orientation Program gives you an opportunity to meet ANU staff and other new students. Orientation also aims to provide new students with the answers to questions such as: How do I enrol? Can I get a mentor to help me? How do I catch a bus? What do I do if I get sick? What sport can I play? What student events are organised? Can I get a part-time job? What responsibilities do international students have?

3. Attend your classes

University is a very different atmosphere to school; it is important to note that no one will follow up with you if you don't attend your classes. The responsibility to attend classes is yours. The only times that you may be contacted will be in regards to your visa conditions if you are on a student visa. It is easy to fall behind quickly if you're not attending lectures and you may find that your grades are affected. If you are unwell throughout your time at the university, it is always a good idea to contact your lecturers or College administration staff and let them know – they may be able to provide you with notes or advice on what you will need to do.

4. Keep on top of your work load

A lot of students will find the first few weeks of university pretty manageable, don't be fooled! It is easy to become complacent; this is when you will generally find that the first few assignments are due all at once. In the first week of lectures you will be given a course outline for each subject, this will list all of your assignments, exams etc and their due dates. Ensure that you note these dates in your diary or on a wall calendar so you can clearly see where they fall and plan ahead to ensure that you can meet all the deadlines. Lecturers will pack a lot of information into a semester-long course; it's easy to get behind quickly. Keeping on top of your weekly readings, work sheets, tutorials or labs will help keep your study load manageable. It is also important attend your lectures or tutorials even if you haven't completed all of the readings. You'll be able to pick up more information and stay in touch with the subject than if you avoid the class.

5. Maintain a positive attitude

Many new students feel shy, anxious or awkward when attending new classes or facing their first lot of assignments or exams; this is a perfectly normal way to feel. It is important to be positive about yourself and your abilities. Remember that you have already demonstrated the abilities, experience, knowledge and qualities needed to get you in to university. You should find that you will start to relax and feel more confident; if you are still feeling anxious please do not hesitate to let someone know. There are lots of people around the university who will offer you support.

6. Try to make friends

Establishing connections on campus can help you to settle in to your new surroundings. The perception of many new students is that everyone else already has friends on campus and that they are the ONLY person who doesn't know anyone – this is not true, you will find that there are a lot of students in the same situation. Get to know people in your course, your residential hall or even your favourite place to eat lunch. Getting to know people in your classes will help you feel more socially connected and enable you to chat with other students who are studying the same topic as you – this way you already know that you have something in common with them. You will also be able to chat about assignments or set up study groups. You will find that there are lots of different clubs and societies that you can join to get to know other students with similar interests to yours.

7. Don't be afraid to ask for help

ANU is a large campus and you may find it's not always easy to find your way around. Don't be afraid to ask for help if you are lost or unsure of anything. Every other student on campus will either be a first year, or have been a first year at one point and will know what you are going through! There are plenty of resources around to help you and lots of people to help you find them.

8. Keep a healthy balance in life

While your study is important, it is essential that you keep a healthy balance in your life. This means eating well, exercising, getting enough sleep, going out and having fun, as well as making time for your assignments and other study. Many students at ANU will have a part-time job; studies have shown that students who work 10-15 hours per week can manage full time study and their work. However, students who work more than this may find that their stress levels start to increase and their study begins to suffer.

9. Use the services that are provided to help you

When you study at ANU, you will have access to a wide range of services. The staff will be able to answer questions and provide you with support. If you are having difficulties, ask for help sooner rather than later; smaller problems are much easier to deal with. It is likely that there are other students, or have been students in the past who have experienced similar difficulties. ANU staff will be able to offer you advice and guidance or will be able to refer you to someone who can help with your problem.

10. Don't forget to reward yourself

Throughout the semester it can sometimes be hard to tell how well you are going. Standards are high and your grades may be a bit lower than what you are used to, or you may not have received any marks back from which to gauge your performance. This is why it is important that you recognise the achievements you make and reward yourself. Celebrate finishing an assignment, getting to all of your classes, doing a presentation or just keeping a balance in your life and feeling like you are managing. These are all accomplishments to be proud of as you are effectively learning to be a student and manage your workload.

Academic Skills

The Academic Skills offers ANU students free and confidential help with their academic work through individual consultations, workshops, courses, podcasts and handouts. Our aim is to assist students to develop the academic, critical thinking and communication strategies that are foundational to all scholarly activity.

ANU Academic Skills is located on Level 2 Joplin Lane, J.B. Chifley Library Acton ACT 2601 Australia

ANU Academic Skills help students to develop the key academic skills and communication strategies that are foundational to all academic activity.

ANU Academic Skills assist students from first year undergraduate to final year Phd to help you reach their academic goals.

- To find out more, please go to www.anu.edu.au/students/contacts/academic-skills. This site contains a
 large number of useful resources and handouts on referencing and academic integrity, writing and
 assessment, and adjusting to university.
- The Writing Centre offers personalised advice to assist students with their writing or some other study
 related issue. Appointments are free and confidential. Drop-ins are also available with Peer Writers for
 quick queries, no need to book. They run from 11am to 1pm, Monday to Friday throughout the semester.
- If you are looking to improve your confidence in conversational English, why not join us at our English conversation groups. These are relaxed and friendly. No need to book.
- Turnitin Practice site: allows students to submit their drafts through Turnitin before their final submission.
 The site also provides resources to help interpret the originality report, and how to quote and paraphrase correctly.
- workshops are delivered during Oweek or as part of a course covering a wide range of topics. Recordings
 and resources from the O week workshops are available through our Orientation wattle site.
- If you are a research student, take a look at our Research Writing resources.

If you need more information about any of our services or resources, get in touch via: academicskills@anu.edu.au or Phone +61 2 6125 2972.

Hours 9am - 5pm weekdays (Closed on public holidays and weekends) There are a number of online guides available to assist you with managing your finances, one such resource is the 12 step guide to financial success available on this page: https://mappingyourfuture.org/downloads/ailable and printed out below for your convenience.



12-Step Guide to Financial Success

Step 1: Be accountable and responsible

The first step on the path to financial success is accepting responsibility. You are in control of your financial future, and every choice you make can have an impact.

No matter your age or education, you need to be in control of your financial matters. Ask yourself these questions:

- Are you completing your own financial aid paperwork?
- Are you in charge or have equal input in paying your bills and managing your finances?
- Are you doing thorough research before making a big purchasing decision (a car or computer)?

You can only be fully aware of your responsibilities and obligations if you are involved from the start. It is okay to ask for help, but you should be the one doing the work.

If you borrow money or enter into another type of financial commitment, you need to understand your rights and responsibilities and follow through with your obligations to that debt. This includes:

- making your payments on time and in full and
- repaying the debt in full (including interest).

Partial payments, late payments, and missed payments can have a negative effect on your credit score. Credit bureaus compile your credit report and calculate your credit score by collecting information including, but not limited to, your payment history, borrowing history, and outstanding debt. Before you borrow money, including student loans, you should estimate your monthly payment and how that payment will fit in your monthly budget.

Your credit report and credit score is your financial responsibility report card. Like any class, receiving an "A" on your credit report requires a lot of effort on your part. It is important you understand what factors impact your credit report and your credit score.

Your credit score is usually based on the following:

- If you pay your bills on time
- The total amount of debt you have and how close to your credit limit that amount is
- The number of accounts recently opened
- Number of recent inquires about your credit score
- The different types of accounts currently open
- Length of time you have been building credit

Your creditors will grade you based on your performance and participation.

Step 2: Plot your course

Step two on the path to financial success involves planning. It is impossible to effectively manage your finances if you don't know how much money you have available to spend or have a plan on how you want to spend, invest, and save. You need to create a road map by defining your financial goals.

Three essential keys to setting goals:

- Be specific define what you want to achieve and when. Goals can be short term (a few days, months, or a year) and long term (five, 10, or 15 years).
- **Be realistic** make certain your goals are attainable. Setting unattainable goals will only lead to disappointment when they are not achieved.
- Write them down keep records of your goals and mark off key milestones as you achieve them. Refer to
 this information from time to time. Writing down goals, reviewing them, and recording your progress can
 motivate you.

After you have identified your goals, map out how you are going to achieve them. There are many questions that may need to be answered. Here are a few to get you started:

- How much income do I have available? How much will I need to achieve this goal?
- Are there any other obligations or goals I need to finish first?
- If I cannot buy the item with cash, how much money is needed for a down payment?

When putting together your plan, make certain you are as thorough as possible. The better prepared you are, the easier you can adapt as life changes.

Step 3: Understand your income

You've just been offered a starting position with a local firm. They've offered you 40 hours per week starting at \$15 per hour, which means you'll be taking home \$600 (40 X 15) dollars a week. *True or False?*

False

There are numerous deductions taken from your *gross pay* (hours multiplied by your hourly wage). Your *net pay* is the amount of money you receive after deductions are taken.

Standard deductions:

- Federal income tax tax you pay the federal government.
- Social Security a contribution toward Social Security retirement benefits.
- Medicare a contribution toward Medicare benefits.

The amount of federal taxes withheld will depend on the amount of your pay and the number of exemptions you claim on your W-4 (the form you complete when you start your job). An exemption is a deduction that allows a certain amount of income to be excluded to avoid or reduce taxation. Exemptions may be for the individual and family members who the individual supports.

Other deductions:

- State taxes Many states withhold state income taxes.
- Additional retirement contributions Voluntary contributions, such as 401K, 403b, in addition to Social Security
- Health insurance Some employers will pay all or part of an employee's health insurance costs. Typically, the employee will have to contribute toward those costs, which may include covering family members.
- Cafeteria plan benefits Many employers may allow you to have a
 portion your pay set aside for child care and/or health costs. These
 withholdings typically are pre-taxed.
- Wage garnishments Money automatically deducted as a result of a legal decision, such as defaulting on your federal student loan.
- Other Agreed automatic withholdings (parking and other fees associated with employment).

Review your paystubs when you receive them. Make sure you understand each deduction, and that proper amounts are deducted. Report any discrepancies to your employer immediately. If you have questions, meet with a Human Resources representative to go over the details of your company's benefits or talk with your employer if your company doesn't have a human resources department.

Step 4: Open a checking account

A checking account is a secure place to keep your money and helps you track your money. A checking account creates a paper trail which assists you in knowing how much money is available to spend.

Prior to opening a checking account, thoroughly research to find a bank, credit union, or other type of financial institution that provides an account that best suits your needs.

Three common types of accounts:

- Standard: Includes a set monthly fee with no check charge. There is no monthly fee if you maintain a minimum balance.
- **Special:** Service fees are charged for returned checks for insufficient funds, the creation of money orders, cashier's checks, check orders, and sometimes for the transfer of funds.
- Interest-bearing account: Interest is paid to your account if a minimum daily balance is maintained during the month.

Some banks offer "free" checking accounts or other enticements specifically targeted to students. To avoid hidden fees, make certain to read all of the fine print. Be sure the account really is free.

The **check register** is an important element of your checking account. Record all transactions including all deposits, withdrawals, and deductions.

Here are some examples:

- Deposits
- Checks written
- Scheduled automatic withdrawals or bank fees
- ATM or debit card transactions

In addition to writing checks, ATM (automatic teller machine) and debit cards are common tools used to withdraw money from your account. They may also allow you to deposit, transfer, and verify funds in your account. ATM cards are strictly for use at automatic teller machines, but debit cards also can be used at most merchants to make purchases.

Tips for ATM and debit card usage:

- Never share your PIN number.
- Always record your transactions.
- Record additional fees charged for using an out-of-network ATM (try to avoid them).
- Be aware that transactions may not always be automatically reflected in your account balance, for some, it
 may take two to three days.
- When given the option to use your card as a credit or debit, select credit where possible. This protects
 your purchases in the event of fraud, whereas debit may not.

Spending more money than you have in your checking account is called an **overdraft**. Avoid overdrafts at all costs (no pun intended!), as you will have to pay overdraft fees! Overdraft fees are approximately \$30 per item (and may be more depending on the bank or institution). One check or ATM/Debit withdrawal for \$5 could end up costing you \$35 or more, especially if it causes other transactions to overdraft as well. Never spend more money than you have in your account.

If your bank offers online banking, review your account at least once a week. This will not only help you keep track of how much money you have, but also will allow you to quickly identify errors or possible fraudulent transactions.

Reconciling (balancing) your checkbook every month is critical to successful checking account management. Keeping your checkbook balanced will:

- help you avoid overdrafts,
- make you aware of where you are spending your money, and
- assist in locating any mistakes that you or the bank make.

To balance your checking account book, use Mapping Your Future's free calculator at mappingyourfuture.org/money/checkbook.cfm.

Step 5: Start saving and investing

Establishing a savings account is the best way to help you financially deal with the uncertainties of life (such as job loss or medical expenses) and achieve you financial dreams (pay for college, purchase a car, travel, or save for retirement

Remember to pay yourself first! Depositing money into a savings account should take priority over any additional spending. Here are some ideas to help:

- As you pay your monthly bills, set money aside to deposit into your savings.
- Ask your bank to automatically transfer money from your checking to your savings once or twice a month.
- Request a direct deposit from your employer for a portion of your paycheck to be deposited into your savings account.

Make sure you are not spending more than you earn and that you are able to save money every month. Ultimately, you should maintain a balance that would cover six to 12 months of your expenses. Small amounts add up and make a difference over time.

A savings account with compounding interest will help your account balance grow. The interest that you earn on your savings account is added to the total balance of your account, which will result in more money earned.

The chart below demonstrates how your money can grow over time in a savings account:

Interest Rate	Monthly	Amount in savings account after:						
Deposit		1 Year	2 Years	3 Years	4 years			
0%	\$20	\$240	\$480	\$720	\$960			
0%	\$40	\$480	\$960	\$1,440	\$1,920			
0%	\$60	\$720	\$1,440	\$2,160	\$2,880			
0%	\$100	\$1,200	\$2,400	\$3,600	\$4,800			
0%	\$200	\$2,400	\$4,800	\$7,200	\$9,600			
2%	\$20	\$242.21	\$489.31	\$741.40	\$998.58			
2%	\$40	\$484.42	\$978.63	\$1,482.80	\$1,997.16			
2%	\$60	\$726.64	\$1,467.94	\$2,224.21	\$2,995.74			
2%	\$100	\$1,211.06	\$2,446.57	\$3,707.01	\$4,992.90			
2%	\$200	\$2,422.12	\$4,893.13	\$7,414.02	\$9,985.79			
5%	\$20	\$245.58	\$503.72	\$775.07	\$1,060.30			
5%	\$40	\$491.15	\$1,007.44	\$1,550.13	\$2,120.60			
5%	\$60	\$736.73	\$1,511.16	\$2,325.20	\$3,180.89			
5%	\$100	\$1,227.89	\$2,518.59	\$3,875.53	\$5,301.49			
5%	\$200	\$2,455.77	\$5,037.18	\$7,750.67	\$10,602.98			

Invest wisely

Investing is a great way to have your money work for you, but comes with risk. Before you start investing, it is important to understand the different options and the risks involved. Don't think you are too young to invest. The best time to invest is when you are young, as you have more time for your investments to grow and weather the ups and downs of the stock market and economy.

Different investment options offer different rates of return. Generally, the higher rate of return has higher the chance of losing your investment (the lower the rate of return, the lower the chance of losing your investment dollars).

Types of investments	Description
Savings accounts	Provide a safe way to save money and draw interest on the balance.
Money market accounts	Draw a higher interest rate than a traditional savings account, but usually have a minimum balance requirement.
Certificate of Deposit (CD)	Funds are placed into a CD for a fixed period of time and fixed interest rate.
Stock	Purchasing stocks allows you to buy part ownership of a company and you make money or lose money as the value of the stock increase or decreases depending on the stock market.
Bonds	Loan money to a government or company, who issues you a bond promising to repay you at a fixed rate of interest on a specific date
Mutual funds	Invest in a professional managed fund that can include a combination of stocks and bonds with various risk factors.
Retirement accounts	Various options are available to invest for your future retirement needs. Keep in mind that many employers offer a 401k, 403b, or other type of retirement program and may provide a match to your contributions. Take advantage of a contribution match any current or future employer provides. This match is provided as part of your compensation package and will help you meet your investment goals.

Make your investing plan by:

- Setting your goals
- Learning about investing and your options
- · Determining if you need a stock broker
- Making a plan
- Sticking to your plan-don't change your strategy on a daily basis.

Step 6: Create a budget

Establishing a budget and monitoring it on a regular basis is not easy, but it is the best way to ensure you are in control of your financial future. Think of your budget as a spending plan. It helps you be aware of how much money you have, where it needs to go, and how much, if any, is left over.

Follow these steps to create your budget:

1. Determine your income.

- a. Review your paystubs and your check register to identify how much money you are earning.
- b. Do not include overtime pay. It is not considered regular income.

2. Determine your expenses.

- Review your checkbook register, store receipts, and billing statements to see where your money is going.
 - i. Fixed expenses include items such as a rent, auto, or student loans that must be paid each month. These expenses typically are the same amount.
 - ii. Flexible expenses include items such as food, clothing, and entertainment that vary from month to month.
- b. List each of your expenses separately. Do not group things such as eating out and groceries together and list them as food. Do not add cable, cell phone, power, and water together and list them as utilities. If you have to cut expenses, you'll want to consider each expense individually.
- c. Be certain to include expenses that are billed quarterly, semi-annually, or annually, such as taxes or insurance.
- d. Always remember that saving must be first on your list of expenses.

3. Create a budget.

- a. A budget should meet your "needs" first, then the "wants" that you can afford.
- b. Your expenses should be less than or equal to your total income.
- If your income is not enough to cover your expenses, adjust your budget (your spending) by deciding which expenses can be reduced.

Choose a tool that works for you. Make sure you choose a tool that is easy enough that you won't get discouraged from using it. Each person has their own style, so be sure to pick the best one for you. If the calculator above doesn't work for you, here are some other ideas:

- Mapping Your Future's free and easy budget calculator: mappingyourfuture.org/money/budgetcalculator.cfm
- Simple handwritten notebooks
- Microsoft Excel spreadsheets
- Money management computer programs or online tools

Review your budget. Be certain to review your budget regularly. Does the budget meet your needs and help you achieve your goals? If not, make some adjustments or create a new budget that better meets your needs.

Budgeting Tip: If you are not sure where your money is going, carry a small notebook with you for 30 days and write down each cash expense. This will enlighten you as to what you are spending.

Step 7: Borrow smart

At some point you may need to borrow money (take out a loan). It is imperative that you borrow smart if you want to maintain your financial stability.

Loans are most commonly used for the following:

- Homes
- Automobiles
- Education

When considering the purchase of any item, consider these questions: "Do I really *need* this item?" "Would I be better off to save for this item in the future and pay cash?"

With any loan, you should consider several factors, including the interest rate, additional fees, and down payment.

- The **interest rate** is the amount you are charged to borrow money. When money is borrowed, you must repay the principal (the dollar amount you borrow), and the interest that accrues during the life of the loan. The higher the interest rate, the more you will pay. Interest rates may be fixed or variable.
 - o Fixed interest rates will remain the same throughout the term of the loan.
 - Variable interest rates will periodically adjust as a result of current market conditions.
- For some loans, additional fees may be charged. For example, some loans have closing costs. Auto loans may include additional insurance or warranty costs. Student loans may have origination and/or default fees. Prior to accepting a loan, make sure you understand the payment requirements and all of the fees associated with the loan. It is important to know exactly how much you will be expected to pay.
- **Down payments** are large payment amounts paid toward your purchase. Down payments minimize the amount you have to borrow. The more money paid up front toward the purchase, the more money you will save over the life of the loan. For most large purchases, it is recommended that you pay at least 20 percent for a down payment.
- Your monthly payment must fit into your budget. The new monthly payment must not cause your
 expenses to exceed your income.

Here are some additional guidelines to help you determine whether or not to borrow money:

- Housing expenses should not exceed 33 percent of your gross income. Many lending institutions look at this factor in determining your loan eligibility. Percentages may vary slightly between lenders.
- Loan installment payments which include auto and student loans, credit cards, etc. should not exceed a combined total of 20 percent of your gross income.
- Remember to save money and have at least 6–12 months of emergency savings.

When making a decision to make a purchase, add the new payment amount into your monthly budget. Consider the guidelines above when inserting the figure for the new purchase. If the amount of the payment for the purchase exceeds the recommendations, does not allow you to save money, or causes your monthly expenses to exceed your monthly income, you may want to postpone your purchase until you have more money saved, find a more affordable and comparable item, or pay off other debt.

For more information about your student loan debt: You may access the National Student Loan Data System (NSLDS) on line at www.nslds.ed.gov or call toll-free (800) 999-8219. You will need your FSA ID to view your loan history. Please note this website only includes information about your federal student loans and does not have information about alternative or private student loans.

The U.S. Department of Education offers the publication "Your Federal Student Loans: Learn the Basics and Manage Your Debt." The publication is located at https://studentaid.ed.gov/sites/default/files/your-federal-student-loans.pdf.

Step 8: Manage your credit cards wisely

It is easy to get a credit card, but managing it isn't always as easy.

Here are some helpful tips:

Credit cards are borrowed money. You must repay them.

Don't spend more than you can afford to pay in full. If you do not pay your balance in full each month, interest will accrue and will be added to the total amount you owe.

Understand the consequences of a credit card.

Example:

A television is purchased by credit card for \$1,000 with an interest rate of 22 percent. Instead of paying the amount in full when the bill is received, you only make the minimum required payment of \$25 each month. Result: at the end of 72 months, you will have paid a total of \$1,800 for a television that originally cost \$1,000.

Consider all of the possible consequences before getting a credit card.

- Careful use of your credit card will assist you in establishing a solid credit rating.
- Poor use of your credit card can rapidly place you into debt.

Choose wisely. When selecting a credit card, make certain you have selected one with the most affordable options and no hidden costs. When selecting a credit card, look for the following:

- A low annual percentage rate (APR). The lower the rate, the less interest you have to pay. Low introductory rates may be raised after a year or less.
- The interest calculation method affects how much interest is paid, even when the APR is identical.
- Annual fees or any fees should not be charged. If the issuer charges an annual fee, ask them to waive it or do not accept the credit card.

- Late payment fees, transaction fees, over the limit fees, etc. will increase the total cost of your charges.
- A grace period is often provided if you agree to pay off your balance before interest charges begin to accrue. Other credit cards may charge interest from the day the charges appear on the account.
- Various services and features, such as cash rebates, frequent flyer miles, extended warranties, etc. may have hidden future costs. Think carefully about the true cost of these programs.

Limit your number of credit cards. Having only a few (or one) credit cards will make it easier to manage your spending and prevent overspending. You will need to make a payment for each credit card with a balance, preferably to pay the balance in full each month.

Don't always carry your cards with you. Having a credit card

can give you easy access to money you would not typically have. If you leave the card at home, you may think twice before using it to buy items you don't really need.

Track your spending:

- Check your credit card account online frequently.
- Save receipts.
- Maintain a ledger to track your expenses and match it with your monthly statement.

In case your card is lost or stolen, keep a record of the account number and the issuer's name and phone number. Photo copy the front and back of your card and store it in a safe place at home.

Step 9: Review and understand your credit report

A credit report is a collection of information about you and your credit history and will have a significant impact on your financial future.

There are three major credit reporting agencies:

- Equifax www.equifax.com
- Trans Union www.transunion.com
- Experian www.experian.com

You have a credit report if you have applied for a credit card or for a student, auto, or home loan.

Potential creditors will review your credit report to determine your eligibility for a loan. Landlords, potential and current employers, government licensing agencies, and insurance underwriters also may view your credit report.

Credit bureaus report answers to the following questions:

- How promptly are your bills paid?
- How many credit cards do you hold?
- What is the total amount of credit that is extended?
- How much is owed on all of your outstanding accounts?

Negative information (late payments, bankruptcies, too much debt) found on your credit report can have a serious impact on your ability to:

- borrow loans,
- seek employment in certain occupations,
- · receive a promotion, or
- purchase or rent a home.

Positive information will remain on your report indefinitely.

Credit inquiries and negative information have time limits:

- Inquiries six months to two years
- Most negative information seven years
- Bankruptcies seven to 10 years

Note: Multiple inquiries in a short period of time may be considered negative information in the eyes of some potential creditors.

A credit report typically includes the following:

- Personal identifying information name, Social Security number, date of birth, current and previous addresses, and employers
- Credit account information date opened, credit limit, balance, monthly payment, and payment history
- Public record information bankruptcy, tax and other liens, judgments, and, in some states, overdue child support
- Inquiries names of companies that requested your credit report

A credit report does not include the following:

- Checking or savings account information
- Medical history
- Race
- Gender
- Religion
- National origin
- Political preference
- Criminal record

You should review your credit reports at least once per year, verifying that all of the information is accurate. You can request your credit report annually free of charge. To request your free credit report, go to www.annualcreditreport.com.

If credit is denied at any time, the lender must provide a letter explaining the reason and indicate which credit agency report was reviewed. You may request a free report from that agency within 60 days of receiving the letter.

Report all inaccuracies on your credit report to the agency immediately. Be certain to notify both the credit bureau and the information provider, in writing, of the discrepancy. Include the following in the notification:

- Name
- Complete address
- A summary of the information that you are disputing and why
- A copy of the credit report with the information highlighted
- Copies of any supporting documents

When the dispute is received, the credit agencies have 30 days to investigate and respond to you in writing.

In most instances, if the information is incorrect on one credit report, it will be incorrect on all three. Review and contact all three credit agencies when disputing information.

For more information on your rights and responsibilities regarding your credit report, review the Fair Credit Reporting Act (www.ftc.gov/os/statutes/031224fcra.pdf).

Your Credit Score

Your credit score evaluates your credit worthiness by assigning values to factors such as income, existing debts, and credit references. Banks and other lending institutions use the score to evaluate the risk of loaning money.

The most commonly used credit score is the FICO score provided by Fair Isaac Corporation. This score is based only on credit information (personal factors are not considered). FICO scores consider five components of the credit history weighting some higher than others:

- Payment history 35 percent
- Debt owed 30 percent
- Length of credit history 15 percent
- New credit 10 percent
- Types of credit used 10 percent

FICO scores range from a low of 300 to a maximum of 850. Most lenders will not use your FICO score alone to determine your eligibility for a loan, but it can have a significant impact on the interest rate you receive. Higher scores typically result in lower interest rates—which result in lower monthly payments and less interest paid over the life of the loan.

Step 10: Protect yourself from identity theft

Identity theft is the fastest growing crime in America. Perpetrators borrow money in someone else's name and leave their victims with mountains of debt and serious credit problems, or may commit crimes using another person's identity.

To prevent identity theft, it is critical to keep your information safe:

- Shred financial documents and paperwork with personal information before you discard them.
- Protect your Social Security number. Don't carry your Social Security card in your wallet or write your Social Security number on a check. Provide it only when absolutely necessary. You may always ask to use another identifier.
- Don't provide personal information over the phone, through the mail, or over the Internet unless the party is known and reputable.
- Never click on links sent in unsolicited e-mail messages.

- Use firewalls, anti-spyware, and anti-virus software to protect your personal computer. Keep the protections up-to-date. Visit OnGuardOnline.gov for more information.
- Don't use an obvious password like your birth date, your mother's maiden name, the last four digits of your Social Security number, or your phone number.
- Keep all personal information in a secure place at home, especially if you have roommates or employ outside help.

Monitor your financial information regularly and request a free copy of your credit report annually. Review various financial accounts and statements, checking for the following:

- Purchases that were not made by you
- Bills that do not arrive as expected
- Unexpected credit cards or account statements
- Denials of credit for no apparent reason
- Calls or letters about purchases you did not make

If identity theft is suspected, act quickly! Review the Federal Trade Commission's (FTC) victim recovery guide (www.ftc.gov/bcp/edu/microsites/idtheft/).

Understand identity theft in relation to student loans. A federal student loan may be cancelled if it was falsely certified as a result of a crime of identity theft.

Step 11: Understand your tax liability

As mentioned earlier, federal (and state, if applicable) taxes usually are deducted from payroll checks. You must file a federal (and state, if applicable) tax return each year by the date set by the federal government (usually April 15).

There are three parts to determining federal tax liability:

#1 - Determine Adjusted Gross Income (AGI) = gross income minus allowable deductions

- Gross income the total amount (from all sources) of income that is subject to federal or state income
 tax
- Allowable deductions (adjustments) certain retirement, insurance, and support expenses

#2 - Calculate your taxable income

Subtract from the AGI:

- The larger of the itemized exemptions or the standard deduction
 - Common itemized deductions:
 - Medical and dental expenses
 - State, local, and foreign income and property taxes
 - Mortgage and investment income (limited)
 - Charitable contributions (limited)
 - Job related expenses (in excess of 2 percent of AGI)
 - Some moving expenses
 - The standard deduction is a set deduction amount based on the individual filing status, age, and vision.
- Personal exemptions deductions based on the number of people supported by the individual

#3 - Calculate the tax liability

Using the amount of your taxable income calculated in step 2:

Calculate individual tax by using the current progressive tax structure (tables provided by the IRS).
 With a progressive tax structure, the larger the amount of taxable income, the higher the tax rate.

Single Taxpayer	Rate			
Not over \$9,525	10% of taxable income			
Over \$9,525 but not over \$82,500	\$952.50 plus 12% of the excess over \$9,525			
Over \$38,700 but not over \$157,500	\$4,453.50 plus 22% of the excess over \$82,500			
Over \$157,500 but not over \$200,000	\$32,089.50 plus 32% of the excess over \$157,500			
Over \$200,000 but not over \$500,000	\$45,689.50 plus 35% of the excess over \$200,000			
Over \$500,000	\$150,689.50 plus 37% of the excess over \$500,000			

Subtract any tax credits that may be qualified by the individual

Students and student loan borrowers, keep these tax credits and deductions in mind:

- American Opportunity Credit Available to students in their first four years of undergraduate studies. If the income cap requirements are met, you may be eligible to receive a credit for qualified educational expenses.
- Lifetime Learning Credit Available to both undergraduate and graduate students with qualified education expenses. If eligible to qualify for an American opportunity credit, you may not use the same expenses to qualify for the Lifetime learning credit.
- Tuition deduction Students may claim up to \$4,000 of qualified education expenses paid during the year for the student, spouse (if filing jointly), or the student's dependent.
- Interest deduction

 If the adjusted gross income is less than \$70,000, you are eligible to deduct the interest paid on student loans

If the amount of tax that has been paid through payroll deductions is less than the total tax liability, the difference will have to be paid as tax.

Taxes paid through payroll deductions > Total tax liability -- the difference is refunded to taxpayer

If the amount of tax that has been deducted through payroll is greater than the total tax liability, then the difference will be refunded.

Tax Advisors: It is a good idea to have tax returns reviewed by a reputable tax advisor before filing with the IRS. Tax advisors may be able to identify additional credits and deductions where the taxpayer may qualify. They also may identify costly mistakes.

Step 12: Know when to ask for help

The final step on the path to financial success is knowing when to request assistance. These warning signs may indicate you need help:

- Are you living paycheck to paycheck with no money going into savings?
- Are you alternating which bills to pay each month, leaving some unpaid?

- Are you late making payments?
- Are you using one credit card to make the payments on another?
- Do you have creditors calling you?
- Are you being denied credit?

A plan of action:

- Take responsibility.
 - Review your budget and make changes where necessary.
 - o Increase your income.
 - o Decrease your spending.
 - Contact your creditors. They may be willing to work with you. Some may agree to lower your interest rate and/or waive fees if you ask.
 - Look into debt consolidation, carefully weighing the pros and cons.
 - Look for creative ways to change your financial situation, such as selling unused items on eBay, eating in rather than dining out, etc.
- Ask for help. Some resources:
 - Financial planners Many banking institutions have financial planners who may assist in finding ways to begin planning and saving for the future.
 - Consumer credit counseling services If you are unable to pay your bills, these organizations will assist and work with you and your creditors to help reduce monthly payments and often eliminate portions of your debt. When choosing a consumer credit counselor, choose a nonprofit organization. Examine fees and the pros and cons of using these services prior to agreeing to anything.
 - Student loans Contact your lender, servicer, guarantor, and your school for any information that
 may help reduce or postpone your monthly payments.

Remember, a lot of money doesn't necessarily unlock the door to financial freedom. The key to financial freedom is found when you manage what money you do have well!

Withdrawing / Dropping Classes / Leave of Absence

If you are intending to withdraw, drop classes or take a leave of absence from ANU we highly encourage you to contact your Financial Aid administrator before taking any action as these decisions can affect your Student Loans.

You will need to complete the relevant ANU eform to officially have your status updated at the University. Please be aware of the relevant cut off dates for each of these processes — i.e. Census dates, last day to drop without academic penalty etc.

If you have received US Financial Aid loans for the study period and will be withdrawing / taking leave / dropping below fulltime enrolment, you will need to be aware that if you have completed less than 60% of the study period that you may need to return some of your loan money.

If you are planning to drop classes or withdraw after the census date for the study period, you may also face academic or financial penalty.

Remember that you are **responsible for paying back your student loans**, even if you did not finish your program. If you withdraw from school and do not recommence study, your loans will go into repayment.

Stafford loans go into repayment after a 6-month grace period, although you will need to contact your loan servicer to determine the exact date that your first repayment is due. If you have private student loans, talk to your lender to find out when you will begin repayment.

Withdrawing from your program

NOTES:	

QUESTIONS??

<u>Income</u> <u>Expenses</u>

Please note: This budget can be used as a weekly, fortnightly, monthly or yearly planner.

Wages (After Tax)	\$
Public Assistance	\$
Child support	\$
Interest / Dividends	\$
Social Security	\$
Student Loans	\$
Grants / Scholarships	\$
Other	\$

Rent / Mortgage / Home insurance	\$
Car loan payments	\$
Personal Loans	\$
Student loan payments	\$
Credit card bills	\$
Car insurance / Registration	\$
Health insurance	\$
Education	\$
Electricity	\$
Water	\$
Gas / Oil	\$
Petrol / Tolls	\$
Telephone	\$
Food	\$
Laundry	\$
Savings	\$
Car maintenance	\$
Personal Expenses	\$
Child Care	\$
Internet / Cable TV	\$
Coffee	\$
Magazine Subscriptions	\$
Clothing	\$
Gym membership	\$
Entertainment	\$
Gifts	\$
Other	\$

Total Expenses	\$

To work out your disposable income, subtract your total expenses from your income.

Total disposable income	\$
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Disposable income is how much money you have 'left over' after paying your expenses. It is good to use this amount to add to your savings or reduce your debts.

Benefits of making interest only payments while in school.

Unfortunately it is not possible to finance your college education solely on subsidised student loans. This means that you will be paying back an amount of interest on your loans in addition to the principal amount. The best way to avoid a large amount of interest on your federal financial aid is to make payments on the interest while you are still in school.

Making interest-only payments while enrolled in school helps students reduce total loan debt levels and the amount of time it takes to repay the loan. It can also help students avoid capitalised interest and begin building a credit history while in school.

The current interest rate on an Unsubsidised Stafford loan is 6.8% fixed. Interest begins accruing after the loan is disbursed to the school. You are not required to pay the interest while you are in school, but doing so can save you money. If you choose not to pay the interest while in school, the interest is capitalised when the loan enters repayment after being in school, in your grace period, or after deferment.

Deferring payment while in school will increase the overall loan costs. Unpaid interest that accrues while you are in school and in the grace period will be capitalised (added to your loan amount) at repayment.

What is capitalisation?

This means that the interest that accrues is added to your principal loan balance, and interest then begins accruing on that new principal balance. You are essentially paying interest on interest. Here are two examples:

Example 1: You borrow a \$6,000 Unsubsidised Stafford loan and you pay the interest every month for 4 years.

• Starting balance: \$6,000

Accrued interest: \$0

Balance when you start repayment: \$6,000

Monthly payment: \$69.05

Total interest paid on loan for all time: \$2,285.69

<u>Example 2:</u> You borrow a \$6,000 Unsubsidised Stafford loan and you defer the interest every month for 4 years.

Starting balance: \$6,000Accrued interest: \$1,632

Balance when you start repayment: \$7,632

Monthly payment: \$87.83

• Total interest paid on loan for all time: \$2,907.48

How much would it cost you to make the monthly interest payment in example 1? About \$34/ month.

If you can manage to save or earn that much money during your four years of college, you could save yourself \$621.79 in interest that you won't have to pay back from capitalisation.

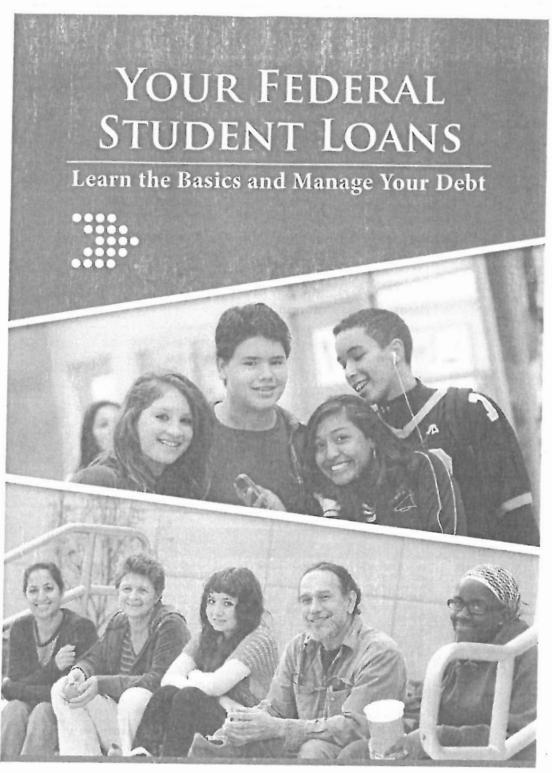
There is no fee for early repayment. If you can send in small payments each month that covers the amount of interest that has accrued it will lessen the burden later on. Do this through both your time in school and your grace period following graduation, and by the time your repayment period begins you are starting with the principal loan amount.

This will shorten your repayment period and the amount of interest that will add to your student loan debt. You don't have to make a payment every month while in school. If you are short on money one month you won't be penalised for not sending a cheque in. However when you can afford to send a payment for the interest, you will find that it pays dividends for you in the future.

REPAYMENT OPTIONS & EXAMPLE AMOUNTS

EXTRACTED FROM THE FEDERAL STUDENT AID PUBLICATION

"YOUR FEDERAL STUDENT LOANS" PG: 25-27.





- ▶ Graduate and professional student PLUS borrowers may defer repayment while they are enrolled in school at least half-time and (for PLUS loans first disbursed on or after July 1, 2008) for six months after they are no longer enrolled at least half-time.
- ▶ Parent PLUS borrowers whose loans were first disbursed on or after July 1, 2008, may defer repayment while the dependent student for whom they borrowed is enrolled at least half-time and for six months after the student ceases to be enrolled at least half-time. A parent borrower who is also a student may defer repayment while he or she is enrolled at least half-time.

If you are called to active military duty for more than 30 days, the grace period will be delayed.

Repayment options

When do I choose a repayment plan?

Your loan servicer will send you information about repayment, and you'll be notified of the date repayment begins. However, you're responsible for beginning repayment on time even if you don't receive this information. Failing to make payments on your loan can lead to default.

There are several repayment plans to help you manage this important financial responsibility. The repayment plans outlined in table 9 are for Direct and FFEL Stafford Loans and PLUS Loans. You can change plans to suit your financial circumstances.

Federal Perkins Loans have different repayment options. Your payment depends on the amount that you borrow, but the minimum is \$40 per month. Check with your school for more information on Perkins Loan repayment plans.

Table 9.

Types of repayment plans for Direct and FFEL Loans

Repayment Eligible toans plan		Repayment time from:	Monthly payment	Additional considerations			
Standard	Direct Stafford, FFEL Stafford, PLUS Loans for Parents, PLUS	Fixed payment for up to 10 years	Fixed	If you do not choose a repayment plan when you first begin repayment, you will be placed			
	Loans for Graduate and Professional Students	Up to 30 years for consolidation loans	Payment must be at least \$50 per month.	in this one.			
Graduated	Direct Stafford, FFEL Stafford, PLUS Loans for Parents, PLUS Loans for Graduate and Professional Students	Up to 10 years	Payments start out relatively low at first and then increase, usually every two years.	The plan is tailored to individuals with relatively low current incomes (e.g., recent college graduates) who expect their incomes to increase in the future.			
	Cladonia	Up to 30 years for consolidation loans	Payments must at least cover the interest that accumulates on the loans between payments.	You'll ultimately pay more for your loan than under the Standard Plan, because more interest accumulates in the early years of the plan when the outstanding loan balance is higher.			

(Combined on next page)

Table 9.

Types of repayment plans (continued from page 25)

Reproducti Pap	Halppe fore	Repayment time	Monthly payment	LA tout hat ear sociations		
Extended	Direct Stafford, FFEL Stafford, PLUS Loans for Parents, PLUS Loans for Graduate and Professional Students	25 years	Fixed or graduated Monthly payment is lower than it would be under the Standard Plan.	FFEL borrowers must have more than \$30,000 in outstanding FFEL Program loans. Direct Loan borrowers must have more than \$30,000 in outstanding Direct Loans. This means, for example, that if there is \$35,000 in outstanding FFEL Program loans and \$10,000 in outstanding Direct Loans, the extended repayment plar is for the FFEL Program loans, but not for the balance on the Direct Loans. For both programs, the borrower must also be a "new borrower" as of Oct. 7, 1998. You'll ultimately pay more for the loan because of the interest that accumulates during the longer repayment period.		
Income- Sensitive Repayment Plan	FFEL Loans only	The maximum repayment period is 10 years	Monthly loan payment is based on annual income. As income increases or decreases, so do payments.			
Income- Contingent Repayment Plan (ICR)	Direct Stafford and Direct PLUS Loans only Direct Loan parent PLUS borrowers are not eligible for the ICR repayment plan	Have 25 years to repay under this plan; unpaid portion will be forgiven	Monthly payments will be based on annual income (and that of spouse, if married), family size, and the total amount of Direct Loans.	You may have to pay income tax on the amount that is forgiven.		
income- Based Repayment (IBR)	Direct and FFEL Stafford Loans, Direct and FFEL PLUS Loans made to students Parent PLUS Loans (or consolidation loans that repaid parent PLUS Loans) are not eligible	Have 25 years to repay under this plan; unpaid portion will be forgiven	Monthly payments are capped at 15% of discretionary income (the difference between Adjusted Gross Income and 150% of the poverty guideline for your family size and state of residence). You must have partial financial hardship to enroll in the IBR Plan. If you are married AND file taxes separately, only your income will be considered when calculating your IBR payment amount.	You may have to pay income tax on the amount that is forgiven. Contact the servicer for more information the IBR Plan.		

For more information on these repayment plans and to use our interactive calculators, go to www.studentaid.ed.gov/repaying.

NOTE: Federal student loans have to be repaid after you graduate, leave school, or stop attending at least half-time (see page 22 for details).

Making your monthly payments

Estimated monthly payments for Direct and FFEL Stafford Loans

Table 10 shows estimated monthly payments for various loan amounts under each repayment plan and assumes that the student is making regular monthly payments on any unsubsidized loans and is not capitalizing the interest while in school. If the interest is capitalized (added to the outstanding principal balance), the cumulative payments and total interest charges will be higher than shown in the chart.

Table 10.

Examples of typical Direct and FFEL Stafford Loan repayment plans, by initial amount of debt and type of repayment plan

Initial debt		Repayment p(s ns									
	Standard (not to exceed 10 years)		Exte	Extended		Graduated (not to exceed		Income Contingent (income = \$25,000) for Direct Loans only			
when you enter repayment					10 years)		Single		Married/HOH		
	Per month	Total repaid	Per month	Total repaid	Per month	Total repaid	Per month	Total repaid	Per month	Total repaid	
\$ 3,500	\$ 50	\$4,471	Not available for this loan amount		\$ 25	\$ 5,157	\$ 27	\$6,092	\$ 25	\$ 6,405	
5,000	58	6,905	Not available for this loan amount		40	7,278	38	8,703	36	9,150	
7,500	83	10,357		Not available for this loan amount		10,919	57	13,055	54	13,725	
10,500	121	14,500	Not available for this loan amount		83	15,283	80	18,277	76	19,215	
15,000	173	20,714	Not available for this loan amount		119	21,834	114	26,110	108	27,451	
40,000	460	55,239	\$ 277			58,229	253	72,717	197	84,352	

Note: Interest rate: payments are calculated using the fixed interest rate of 6.8%.

Graduated repayment plan: an estimated monthly repayment amount for the first two years of the term and total loan payment. The monthly repayment amount will generally increase every two years, based on this plan.

Income-Contingent Repayment plan: assumes a 5% annual growth (Census Bureau) and calculated using the formula requirements in effect during 2006.

HOH is head of household: assumes a family size of two.

US FINANCIAL AID – USEFUL CONTACTS

Federal Student Aid Information Center: 1 800 433 3243 For areas without access to 800 numbers: 319 337 5665

The Call Center is open Monday to Friday 8am – 10pm Eastern (excluding public holidays).

Direct Loan Consolidation: http://www.loanconsolidation.ed.gov/

Payment address: U.S. Department of Education Direct Loan Payment Center

P.O. Box 530260 Atlanta, GA 30353-0260

USEFUL WEBSITES

www.studentaid.gov

www.studentloans.gov

www.nslds.ed.gov

www.finaid.org

LOAN SERVICERS

	FedLoan Servicing (PHEAA)	Great Lakes Educational Loan Services, Inc	Nelnet	Sallie Mae
Website	www.myfedloan.org	https://www.mygreatlakes.org/	http://www.nelnet.com/	https://www.salliemae.com/
Phone Number	US: 800-699-2908 Intl: 717-720-1985 Call Centre is open Monday -Thursday 8am - 11pm ET Friday 8am - 9pm ET.	US: 800-236-4300 Intl: 608-246-1700 Call Centre is open Monday- Friday 7am – 9pm Central.	US: 888-486-4722 Intl: 303-696-3625 Call Centre is open 24/7 excluding public holidays.	US: 1-800-722-1300 Intl: 317-806-0580 Call Centre is open Monday - Thursday 8am – 9pm ET Friday 8am – 8pm ET
Postal Address	General Correspondence: FedLoan Servicing P.O. Box 69184 Harrisburg, PA 17106-9184 Payments: Department of Education FedLoan Servicing P.O. Box 530210 Atlanta, GA 30353-0210 Completed Direct	General Correspondence: Great Lakes Borrower Services P.O. Box 7860 Madison, WI 53707-7860 Payment address depends on your account, please log in to your loan account or call.	General Correspondence: P.O. Box 82561 Lincoln, NE 68501-2561 Payment address depends on your account number. Please refer to http://www.nelnet.com/Contact/	General Correspondence: Sallie Mae – Department of Education Loan Services P.O. Box 9635 Wilkes-Barre, PA 18773- 9635 Payments: Sallie Mae – Department of Education Loan Services P.O. Box 740351 Atlanta, GA 30374-0351
	Pebit applications: FedLoan Servicing P.O. Box 3661 Harrisburg, PA 17105-3661			
Fax Number	717-720-1628	US: 800-375-5288 Intl: 608-246-1608	1-877-402-5816	US: 866-266-0178 Intl: 570-706-8563
Email	Email via online form on website	Email via online form on website	Email via online form on website	Email via online account

Borrower Responsibilities

When you obtain a federal student loan you have certain responsibilities. Here are some important ones:

Think about how much you're borrowing

- Think about what your repayment obligation means before you take out a student loan.
- If you don't repay your student loan on time or according to the terms in your promissory note, you could <u>default</u> on this legal obligation. This has serious consequences and will adversely affect your credit rating.

Signing a promissory note means you agree to repay the loan

- When you sign a promissory note, you are agreeing to repay the loan according to the terms of the note.
- The note states that unless you meet the requirements for loan discharge (cancellation) you must repay the loan, even if you don't complete your education.
- You **must** repay your loan even if you can't get a job after you complete the program or you didn't like the education you received. The U.S. Department of Education does not guarantee the quality of education you receive or that you will find a job in your field of study.

Make payments regardless of receiving billing notices

- You must make payments on your loan even if you don't receive a bill or repayment notice.
- Billing statements (or coupon books) are sent to you as a convenience. You're obligated to make payments even if you don't receive any reminders.
- You must also make monthly payments in the full amount required by your repayment plan. Partial payments do not fulfil your obligation to repay your student loan on time.

Continue to pay while waiting for deferment or forbearance approval

- If you apply for a deferment or forbearance, you must continue to make payments until you have been notified that your request has been approved.
- If you don't, you might end up in default.
- Keep a copy of any request form you submit, and document all contact you have with the holder of your loan.

Notify your lender or loan servicing agency when you...

- Graduate, withdraw from school, or drop below <u>half-time</u> status;
- change your name, address or Social Security number; or
- transfer to another school.